



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

6TH ANNUAL TURKEY TROT

5K RACE AND 1 MILE RUN/WALK

NOVEMBER 23, 2017

7:30 AM RACE REGISTRATION

8:30 AM 5K AND 1 MILE RACES

Race Fees:	Pre-Registered	Race Day
5K Short Sleeve	\$25	\$30
1 Mile Short Sleeve	\$20	\$25
1 Mile Long Sleeve (5K or 1 Mile)	\$40	\$45

Register as a family of 3 or more & save \$5 each!

Earn your pie and give to your community. Run or walk with family and friends this Thanksgiving. All proceeds go to those who cannot afford Y memberships or programs. Kids, adults, families, and individuals of all fitness levels are welcome.



**Pre-register online at
www.cantonfamilyymca.org
on or before November 13**

Thanks to last year's sponsors:

Ben Phillips, MD
Internal Medicine and Pediatrics



DR. JASON CHAMBERLIN
GRAHAM MEDICAL GROUP
Affiliated with Graham Health System

Hy-Vee Food Store, H & H Goldendoodles, Nature's Path & Running Central

6TH ANNUAL TURKEY TROT 5K AND 1 MILE RACE REGISTRATION (PRE-REGISTER BY NOV. 13)

NAME(LAST) _____ (FIRST) _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____ D.O.B. _____ SEX _____ Y MEMBER? Y/N _____

PARTICIPATING IN: 5K 1 MILE *SHIRTS GUARANTEED FOR PRE-REG ONLY. MEN'S AND WOMEN'S CUTS OFFERED.

SHIRT ORDER: WOMEN'S: S M L XL XXL MEN'S: S M L XL XXL XXXL
YOUTH: S M L LONG SLEEVE: S M L XL XXL

EMERGENCY CONTACT NAME: _____ PHONE: _____

WAIVER: I hereby waive all claims against the Canton Family YMCA, the City of Canton, Shazam Racing, sponsors, and any individuals associated with the event for any and all accidents or injuries incurred by me at this event. I attest that I am healthy and physically able to participate and that I am 18 years or older, or have a legal guardian's consent. I grant permission to use photos, video recordings, or records of myself by the Canton Family YMCA.

Signature _____ Guardian Signature _____ Date _____

REGISTRATION

Register at www.cantonfamilyymca.org, or pick up forms at the Canton Family YMCA. Mail to: Canton Family YMCA, 1325 E. Ash, Canton, IL, 61520. Shirts are guaranteed for pre-registered participants only (before or on Nov. 13). Price increases on race day.

RACE DIVISIONS AND AWARDS

5K Divisions Include (Men's and Women's): Under 10, 11-14, 15-18, 19-25, 26-34, 35-44, 45-54, and 55-64, 65 and up.

The first place men and women 5K finishers in each age division will be awarded a Thanksgiving pie. Top overall men and women in the 5K receive a pie and a gift certificate to Running Central.

1 Mile Divisions Include Under 5, 6-10, and 11-14. For the 1 mile, first three male and female finishers in each age division receive a medal. All 1 mile finishers receive a ribbon.

Fun Awards: Thanksgiving Pies also given for largest family participating and best turkey costume!

RACE ROUTE AND PARKING INFORMATION

Race starts and finishes at the Canton Family YMCA. Parking is available in the YMCA lots and in nearby marked streets.

PACKET PICK-UP AND RACE DAY INFORMATION

Packets can be picked up beginning Wednesday, Nov. 22 at the YMCA Customer Service Desk. Race day registration and packet pick-up will take place in the YMCA Community Room beginning at 7:30 am.

For A Better You. For A Better Us.

Last year, this event raised almost \$5,000 to help families, children, adults, and seniors take part in activities and afford memberships at the Y. This year, we hope to raise even more to help people in our community live healthy, fulfilling lives. Start a new Thanksgiving tradition in your family.



Register online at www.cantonfamilyymca.org

TRAVELING THIS THANKSGIVING? TURKEY IN THE OVEN? NOT A RUNNER OR WALKER, BUT WANT TO HELP?

You can still be an important part of this special event. Contribute to the Y's Annual Fund, and make someone thankful this year. Volunteers are also needed! Join our cause, and help out on race day. Volunteers are needed on the route, for registration, and for handing out water.



Name: _____ Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

- I would like to donate to help families, seniors, and youth who cannot afford programs or membership at the Y: \$25 \$50 \$100 \$250 Other:
- I would like to volunteer on race day.