



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IT ALL STARTS WITH A RESOLUTION



Take the first step.
Register for the
Resolution Run 5K
start your year
on the right foot.

DATE: January 1, 2019
TIME: 10 am Start, 9 am Registration
PLACE: CANTON FAMILY YMCA
FEES: \$25

TO REGISTER, PICK UP FORMS AT THE YMCA CUSTOMER SERVICE DESK OR
DOWNLOAD FORMS AT WWW.CANTONFAMILYYMCA.ORG.

RESOLUTION RUN 5K REGISTRATION (PRE-REGISTER BY DEC. 16)

NAME(LAST) _____ (FIRST) _____ PHONE _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____
EMAIL _____ D.O.B. _____ SEX _____ Y MEMBER? Y/N _____

*SHIRTS GUARANTEED FOR PRE-REG ONLY. MEN'S AND WOMEN'S CUTS OFFERED.

SHIRT ORDER: WOMEN'S: S M L XL XXL MEN'S: S M L XL XXL XXXL
YOUTH: S M L

EMERGENCY CONTACT NAME: _____ PHONE: _____

WAIVER: I hereby waive all claims against the Canton Family YMCA, the City of Canton, sponsors, and any individuals associated with the event for any and all accidents or injuries incurred by me at this event. I attest that I am healthy and physically able to participate and that I am 18 years or older, or have a legal guardian's consent. I grant permission to use photos, video recordings, or records of myself by the Canton Family YMCA.

Signature _____ Guardian Signature _____ Date _____